

2017 Albany Miss Flame 5K Run/Walk

A picturesque, slightly hilly run or walk from Albany Village through Albany Mounds is a family friendly, hard to miss event.

DATE: Saturday, August 5th

PLACE: ALBANY, IL. In front of Fire Station 409 S. Church St.

SAME DAY REGISTRATION: 7:30AM

RACE LINE UP: 7:45 AM START TIME: 8:00 AM KIDDIE RUN 10:00 AM

KIDDIE RACE: 9 and UNDER

COST: \$15.00 W/ T-SHIRT

AGE BRACKETS: 5 & under, 6-7 and 8-9.

AWARDS: 1st, 2nd, 3rd place for each bracket.

5K COST:

Ages: 5 and younger: Free without t-shirt.

Ages 6-12: \$15.00 with a Youth t-shirt.

Ages 14 on up: \$25.00 with shirt.

AWARDS: FIRST 3 OVERALL AND 1ST, 2ND, & 3RD in each AGE BRACKET: 14&under, 15-24, 25-34, 35-44, 45-54, 55-64, 65 and up.

***Additional Race Applications are available at The Albany Village Hall or other area businesses.**

QUESTIONS: Please contact Sherrie Grant at albanymissflame5kandkiddierun@yahoo.com

MAIL ENTRY FORM AND FEE TO:

Albany Flame 5K:

Sherrie Grant

503 11th Ave. South

Albany, IL. 61230

One entry per person

FIRST NAME _____

LAST NAME _____

Male ___ Female ___ Date of Birth / /

Age on Race Day _____

Select One:

\$25.00 5K

\$15.00 Kiddie Run

Select your t-shirt size: (Check one box below)

ADULT: Small ___ Medium ___ Large ___ X-Large ___ XX-Large ___ XXX-Large ___

YOUTH: S 6-8 ___ Youth M 10-12 ___ Youth L 14-16 ___

ADDRESS:

Street

City

State

Zip

Phone

Email

Emergency Contact Name & Phone #

WAIVER AND RELEASE OF ALL CLAIMS (Read before signing)

I have completed all parts of this form and have submitted my registration fee. I have read the accompanying event information and understand the policies of this event. I understand that I should not enter unless I am medically able. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions on the road, and any and all other circumstances and risks of any kind or nature whatsoever, known or unknown, all such risks being known and appreciated by me. I recognize and acknowledge all such risks and possible injuries. Knowing these facts, and in consideration of your accepting my entry, I for myself or anyone else who might claim on my behalf, covenant not to sue and waive and release Albany Miss Flame officials, race officials, volunteers, all sponsors, Albany EMS and Fire Department, the Village of Albany and all its officers, employees and agents, from all claims and liabilities of any kind and nature whatsoever arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes.

Signature of Athlete & (Parent's Signature if under 18 years of age)

Date